

Seed and Petal Mantras of the Seven Major Chakras (2016)

First Chakra: Four petals

Bija/seed mantra: *Lang*

Petal 1: *vang*

Petal 2: *'sang*

Petal 3: *ṣang*

Petal 4: *sang*

Second Chakra: Six petals

Bija/seed mantra: *Vang*

Petal 1: *bang*

Petal 2: *bhang*

Petal 3: *mang*

Petal 4: *yang*

Petal 5: *rang*

Petal 6: *lang*

Third Chakra: Ten petals

Bija/seed mantra: *Rang*

Petal 1: *ḍang*

Petal 2: *ḍhang*

Petal 3: *ṇang*

Petal 4: *tang*

Petal 5: *thang*

Petal 6: *ḍang*

Petal 7: *ḍhang*

Petal 8: *ṇang*

Petal 9: *pang*

Petal 10: *phang*

Fourth Chakra: Twelve petals

Bija/seed mantra: *Yang*

Petal 1: *kang*

Petal 2: *khang*

Petal 3: *gang*

Petal 4: *ghang*

Petal 5: *ngang*

Petal 6: *chang*

Petal 7: *chhang*

Petal 8: *jang*

Petal 9: *jhang*

Petal 10: *ṅang*

Petal 11: *ṭang*

Petal 12: *ṭhang*