

# *Universal Prayer for Inner and World Peace*

*(Sanskrit)*

*Lokah Samasta Sukhino Bhavantu*

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*Lokah Samasta Sukhino Bhavantu*

*Om...*

*Shanti...*

*Shanti...*

*Shanti...*



*May all Beings everywhere be happy and free...*

*And may the thoughts, words, and actions  
of my own life contribute, in some way,  
to that happiness and that freedom for all...*

*Peace...*

*Peace...*

*Peace...*